Optum

San Diego County Referral Criteria for State Hospital

State Hospital: A California state-operated psychiatric hospital for adults. The hospital provides evaluation and treatment for individuals with serious and persistent mental illness. This is the highest level of care available to San Diego County beneficiaries and serves clients who are unable to be maintained at all other levels of care.

The client must meet the following required criteria for San Diego County funded bed at a California State Hospital:

1. Is a current resident of the State of California and has Medi-Cal eligibility for the County of San Diego.
2. Is at least 18 years of age.
3. Is not entitled to comparable services through other systems, i.e. Veterans Affairs (VA), Regional Center, or private insurance.
4. Cannot be safely managed in a less restrictive level of care.
5. Is currently being treated in an LPS psychiatric hospital or is in a SF/LTC bed currently funded by San Diego County.
6. Is on LPS Permanent Conservatorship.
7. Is assigned to or will be assigned to a Case Management program funded by the County of San Diego.
8. Has an adequately documented Title 9, DSM IV-TR Primary diagnosis of a serious, persistent, major mental disorder or an eating disorder; the primary diagnosis cannot be a substance abuse related disorder.
    a. The symptoms must not be primarily a manifestation of a developmental disorder, dementia, or TBI.
    b. May have a substance abuse diagnosis as a concurrent diagnosis.
    c. May also have a concurrent Personality Disorder diagnosis, but diagnosis alone is not sufficient to meet criteria.

9. Is a current or recurrent danger to self or others, which includes chronic or recurrent episodes of assaultive or suicidal behavior. Documentation must show that assaultive behavior is a result of psychosis that has been resistant to treatment rather than antisocial behavior, Dementia, or Traumatic Brain Injuries (TBI).

10. Has a tuberculosis (TB) clearance within thirty days of application.

11. Has been tried on multiple medication trials and they have been insufficient to resolve or reduce the presenting symptoms to the point the client could be placed at a lower level of care.

12. Is approved for admission to State Hospital by the San Diego County LTC Coordinator.

And the client must meet at least <u>one</u> of the following clinical criteria (these criteria are not intended for use solely as a long-term solution to maintain stability acquired during treatment in a residential facility/program):

1. The client's psychosocial functioning has deteriorated to the degree that the client is at risk for being unable to safely and adequately care for themselves in the community or at a less restrictive setting and there is a reasonable expectation that treatment will produce a higher level of functioning.

2. A lower level of care in which a client may be effectively treated is unavailable, an intensified schedule of ambulatory care or a change in the treatment plan has not proven effective, or community support services that might augment ambulatory mental health services and pre-empt the need for State Hospital Treatment is unavailable, insufficient, or inadequate.

Exceptions to criteria may be made by the Optum Medical Director. County consultation may be requested by Optum.